

Follow the schedule below when replacing your supplies for the best experience with your CPAP therapy. *PLEASE NOTE: Different insurance companies cover different replacement schedules, so confirm with your provider about your coverage and replacement schedule options.*

**It's best to order a full 3 month supply of your disposable equipment.**

Nasal Mask	1 Every 3 Months
------------	------------------

Headgear	1 Every 6 Months
----------	------------------

Cushions	6 Every 3 Months
----------	------------------

Pillows	6 Every 3 Months
---------	------------------

Standard Tubing	1 Every 3 Months
-----------------	------------------

Heated Tubing	1 Every 3 Months
---------------	------------------

Disposable Filters	6 Every 3 Months
--------------------	------------------

Non Disposable Filters	2 Every 6 Months
------------------------	------------------

Full Face Mask	1 Every 3 Months
----------------	------------------

Full Face Mask Cushions	3 Every 3 Months
-------------------------	------------------

Humidifier Chamber	1 Every 6 Months
--------------------	------------------

Chin Strap	1 Every 6 Months
------------	------------------

CPAP Machine	1 Every 5 Years
--------------	-----------------

## To Reorder your CPAP Supplies:

Call 866-441-0873 or visit [UpstateHomeCare.com](http://UpstateHomeCare.com)